

NAME _____

PSHE

PERSONAL CARE

GGA Level 9

Eating and Drinking

Personal Presentation

Personal Hygiene

Personal Safety

- Waits patiently for food to be served
- Uses knife & fork to eat meal, requires prompts to cut up own food
- Uses knife and fork together
- Pours drink into cup independently
- Serve food onto plates with support
- Takes meal to named person with support
- Expresses own choice of meal at a 2 word level *e.g. "meat please" "jacket & beans"*

- Takes off own clothing independently when unfastened
- Puts on own clothes on request without fastenings

- Asks/anticipates the need to use the toilet
- Uses toilet independently
- Wash & dry hands when reminded
- Anticipates familiar self care routine & carries out with prompts

- Anticipates risks in familiar situations with verbal prompt
- Asks simple questions to obtain information *e.g. where's your yellow badge?*.....

	Date		Date		Date		Date		Date
20% Achieved		40% Achieved		60% Achieved		80% Achieved		Level Achieved	