

NAME _____

PSHE

PERSONAL CARE

GGA Level 8

Eating & Drinking	Personal Presentation	Personal Hygiene	Personal Safety
<ul style="list-style-type: none"> • Uses a fork/spoon to eat independently food that had already been cut up • Indicates request for second helpings, including please and thank you • Pours drink into cup with supervision • Knows and expresses own likes & dislikes of meals from a choice of three with visual prompts 	<ul style="list-style-type: none"> • Takes off own clothing with verbal prompts when already unfastened • Puts on clothes when helped to hold in position by an adult 	<ul style="list-style-type: none"> • When requested will take self to the toilet • Remove pads/pants independently • Sits on toilet & uses appropriately • When requested attempts some familiar self care routines • Wash & dry hands with support 	<ul style="list-style-type: none"> • Understands & responds appropriately to requests which contain 2 keywords in familiar situations <i>e.g. 'don't touch; it's hot'</i>

	Date		Date		Date		Date		Date
20% Achieved		40% Achieved		60% Achieved		80% Achieved		Level Achieved	