

NAME _____

PSHE

PERSONAL CARE

GGA Level 11

Eating & Drinking	Personal Presentation	Personal Hygiene	Personal Safety
<ul style="list-style-type: none"> Follows familiar routine to get own dinner organising self independently <i>e.g. Collects tray & cutlery makes choices from a wider menu, & chooses where to eat meal with minimal supervision in school canteen</i> 	<ul style="list-style-type: none"> Undresses self independently on request in a range of settings Dresses self independently putting clothes on in correct order, which may include fastening such as buttons 	<ul style="list-style-type: none"> Anticipates & completes self care routines independently <i>e.g. teeth cleaning, face washing, hair brushing</i> 	<ul style="list-style-type: none"> Be able to identify & understand the difference between familiar adults & visitors in school Be able to identify & understand the difference between adults and strangers through role play situations. <i>E.g. using 'known' adults to the school but not to the pupils</i> Knows that medicines can be prescribed by the doctor or bought from a chemist/Tesco's

	Date		Date		Date		Date		Date
20% Achieved		40% Achieved		60% Achieved		80% Achieved		Level Achieved	