

NAME \_\_\_\_\_

PSHE

PERSONAL CARE

GGA Level 10

Eating & Drinking

Personal Presentation

Personal Hygiene

Personal Safety

- Eats food independently  
Using appropriate cutlery  
.....
- Chooses own meal  
from the choices offered  
.....
- Serves food onto plates  
with verbal prompts  
.....
- Takes meal to named  
person with verbal prompts  
.....
- Expresses own choice of  
meal at a 3 word level, *e.g. 'I want  
... quiche please'* .....

- Takes off own  
clothing including undoing  
simple fastenings,  
.....
- Puts on own clothing  
independently (adult turning  
clothes correct way round)  
which may include simple  
fastenings  
.....

- Anticipates familiar  
self care routines & carries out  
with verbal prompts  
.....

- Recognise people who  
keep us safe .....
- Pupils identify &  
communicate potential risky  
situations within their  
experience at a 3 word level,  
*e.g. when cooking or visiting the  
park* .....

10

	Date		Date		Date		Date		Date
20% Achieved		40% Achieved		60% Achieved		80% Achieved		Level Achieved	