

## Toileting

**Starting point** : Pupil wears nappies/pads and all personal hygiene routines are fully supported by an adult

### Next Steps:

### Date achieved

- |  |       |
|--|-------|
| a) Pupil is able to sit with hips and knees flexed   | ..... |
| b) Pupil accepts sitting on an adapted toilet seat for up to 5 minutes   | ..... |
| c) Pupil is able to maintain balance & posture on adapted toilet seat toilet with appropriate support, e.g. lap strap, chest harness | ..... |
| d) Pupil randomly uses the toilet to open bladder or bowels  | ..... |
| e) Pupil opens bladder or bowels on the toilet more frequently, as part of a regular routine, but shows no pattern                   | ..... |
| f) Pupil opens bladder or bowels on the toilet at consistent times as part of a regular routine                                      | ..... |
| g) Pupil begins to indicate the need to use the toilet   | ..... |

### Functional End Point :

- h) Pupil wears nappies/pads & is generally reliable in indicating need to, and successfully using an adapted toilet seat .....

### Functional Context :

As long as an appropriate toilet seat is available, the pupil is able to maintain quality of life & dignity as less direct adult support is required in the process of using the toilet