

## Eating/Drinking

**Starting point** : Pupil is able to consume food (consistency will vary from one individual to another), but is totally reliant on an adult putting the food in their mouth (using utensils appropriate to the individual)

**Next Steps:**

**Date achieved**

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|---------------------------------------------------------------------------------------------------------------------------------------------------------------|-------|
| a) Pupil is able to maintain posture & head control when being assisted to eat/drink (using appropriate supports, arm gaiters, grab bar, etc where necessary) | ..... |
| b) Pupil is able to participate in the process of eating/drinking by opening mouth in response to the food/spoon/cup                                          | ..... |
| c) Pupil accepts hand over hand support to get finger food/spoon/cup to mouth                                                                                 | ..... |
| d) Pupil is able to lift a loaded spoon/finger food/cup placed in their hand to their mouth                                                                   | ..... |
| e) Pupil is able to pick up finger food, a loaded spoon or a cup and take it to mouth, and then return plate/table                                            | ..... |
| f) Pupil accepts hand over hand support to load a spoon, & then take it to mouth independently                                                                | ..... |
| g) Pupil will hold a spoon & attempt to load it before lifting to mouth                                                                                       | ..... |

**Functional End Point** :

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| h) Pupil is able to get food from the table to their mouth, both finger food & using utensils. When positioned at a table /tray & food is presented with appropriate utensils & positioned correctly, the pupil is able to eat their meal independently | ..... |
| i) Pupil is able to drink fluid (from adapted cup if necessary) with control over the speed & quantity of the fluid                                                                                                                                     | ..... |

**Functional Context** :

Pupil is able to eat a meal with their peers or family in a familiar environment & when out in a restaurant

When presented with a drink in an appropriate cup the pupil is able to drink independently