

Dressing/Undressing

Starting point : Pupil is dressed/undressed in lying, being totally reliant on the adult to carry out all aspects of the process

Next Steps:

Date achieved

- a) Pupil is able to shift weight to move body, arms or legs with a physical prompt during process of dressing/undressing
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- b) Pupil will maintain position while clothes are slowly removed (first from arms & legs & then finally over the head)
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- c) Pupil will maintain position while clothes are slowly put on
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- d) Pupil is able to sit with support while clothes are put on
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- e) Pupil is able to sit with support while clothes are put on
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- f) Pupil is able to maintain balance while clothes are pulled up/over arms & legs
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- g) Pupil is able to maintain balance while clothes are placed over head
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- h) Pupil will assist in the process of removing/putting on clothing, e.g. pulling arms out of sleeves, lifting feet for socks
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- i) Pupil is able to stand with support for clothes to be pulled up, e.g. trousers
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- j) Pupil is able to transfer weight with prompt, & lift foot off the floor, e.g. to remove trouser leg
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Functional End Point :

- k) Pupil will assist in the process of dressing/undressing whilst standing and/or sitting
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Functional Context :

Standing with support the pupil will step into & out of trouser legs. Pupil can be assisted to dress/undress in a swimming pool changing room using a grab rail and/or benches for support & sitting