

Name:

Essential Physical Skills for Learning & Life

LYING

Starting point: Pupil is dependent on an adult to change position in any way, i.e. unable to move into different positions once placed in supine lying (on back)

Next Steps:

Date achieved

- a) Pupil attempts initiation of rolling to one side or the other from supine position
- b) Pupil is able to roll to the left or right with adult initiating movement at the hips
- c) Pupil takes over the roll once the adult has initiated movement at the hips
- Pupil will roll to the left or right with a minimal physical prompt at the hips

Functional End Point :

- e) Pupil is able to roll from back onto left or right side

Functional Context : Pupil is able to assist during personal needs routines, e.g. when dressing/undressing; changing, positioning a hoist sling