

Essential Physical Skills for Learning & Life

An Introduction



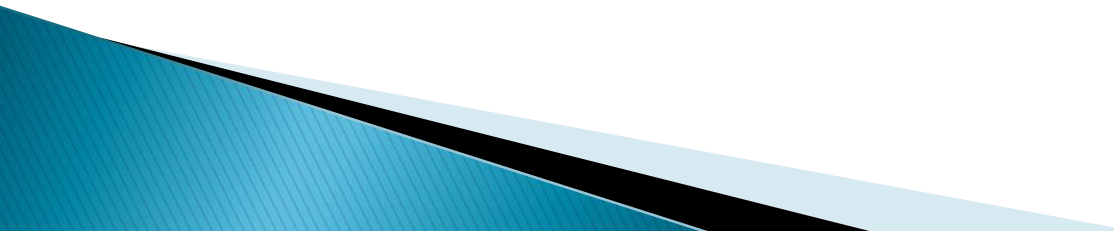
What is it?

An assessment tool to be used with those pupils whose physical disability could potentially limit their opportunities in life.

Why did we write it?

There was evidence of progress being made by some pupils, but there was nowhere to credit it.

We needed to raise the profile of potential for progress in certain areas that were not always being targeted right across the school.



What are our aims?

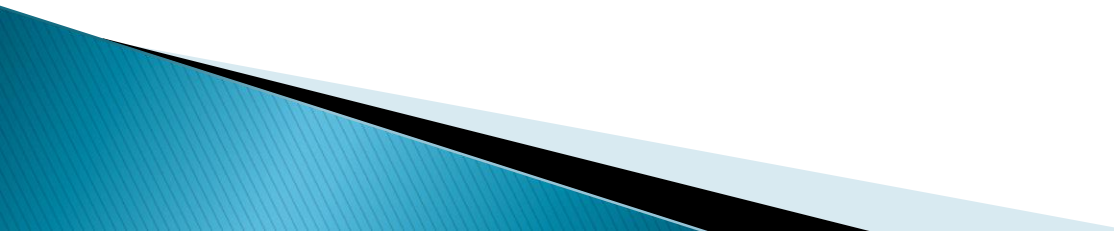
For pupils to reach a functional end point in certain areas

To enable pupils to gain greater levels of autonomy and independence, so enabling access to a wider range of opportunities in life.

How long will this take?

No timescale can be put on this, but the earlier the intervention and practice begins the better.

The skills are as valuable when a pupil is young as when they are an adult, so if they are established as early as possible it will be easier to carry them through into teenage years and adulthood.



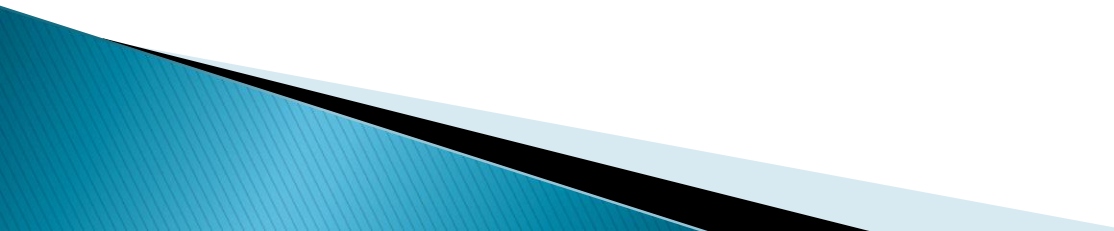
Will we be able to get rid of some of the equipment?

Equipment will still be required e.g. wheelchair, standing frame, adapted seating, walking frames, etc.

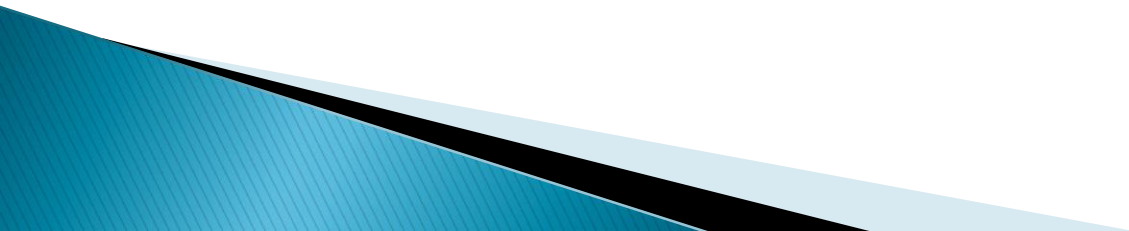
This should be used in such a way that it supports the development of motor skills rather than taking over from the pupil.

It is there to provide varying degrees of prompt or support while the pupil improves their skills/ability.

The various pieces of equipment and the levels of support being offered should be considered as temporary or ever-changing, and not remaining static.



**What areas of physical development
do we cover and what might this
look like?**



Lying



Sitting:



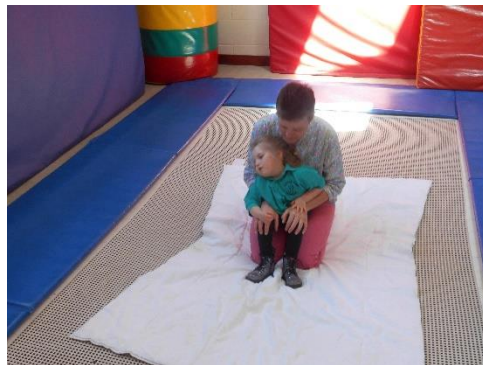
Standing:



Walking:



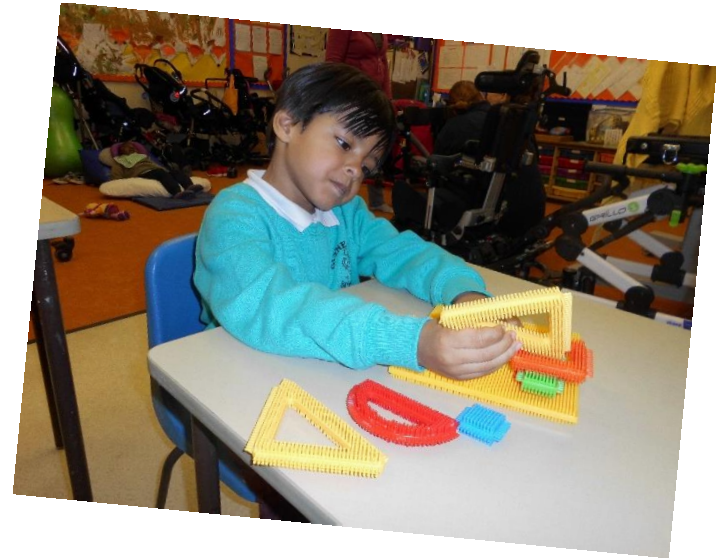
Sit to Stand



Stand to Sit



Hand Function



Eating & Drinking



Driving



Toileting



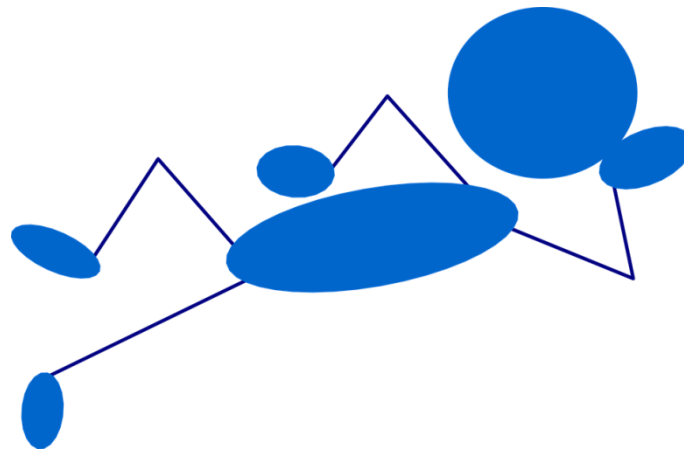
and Dressing/Undressing

And finally.....

Each individual pupil may not reach the functional end point in all the activities listed, but by keeping this learning high on the agenda we are always considering ways to develop a pupil's independence and autonomy, so opening up a lifetime of opportunity.

We aim to make a positive difference to the lives of our pupils.

Pupils will continue to learn as long as we teach them.



December 2018